



St. Raphael the Archangel Episcopal Church

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April 2021

From Our Rector & Deacon

I'm writing this on Holy Monday, the week in which we liturgically companion Jesus to the cross in an act called 'Holy Week'. Palm Sunday was beautiful and wonderful to be offering the Eucharist to those of you returning to church after this past year, but also a reminder of lives lived between celebratory welcome and all the hardest events of today. For me, these include the effects of this global pandemic, the violent insurgency in northern Mozambique, a distant friend's critical illness. This week recognizes trauma and shared pain, yet also new life and possibilities, and invites us to see all of life as held within the presence of holiness.



Rev. Canon Dr. Helen Van Koevering

Our gospel reading for Holy Monday helps us to reflect on the faith and truth on living in Holy Week in awareness of all that is life and death in our world around us.

John 12:1-11- Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me." When the great crowd of the Jews learned that he was there, they came not only because of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus to death as well, since it was on account of him that many of the Jews were deserting and were believing in Jesus.

Lazarus, Martha, Mary, Judas, the chief priests, all had different angles on what was going on, but Jesus' focus was not theirs. Our journey through Holy week, and then the next Fifty Days of the Easter season before Pentecost, asks us to consider our own angles as followers of Christ in today's world. How do you read this passage?

Peace and love, Helen



Deacon Charles

The Renewal Works survey we completed recently indicated that the folks of St. Raphael's desire a more focused emphasis on developing our spiritual formation. With that in mind, Rev. Helen selected a really great book for us to read: Spirituality Workbook: A Guide for Explorers, Pilgrims and Seekers by David Runcorn. In the coming weeks those who are interested will begin meeting in community and discussing it together.

I was so excited about the book that I jumped the gun a bit and began reading the first chapter. Runcorn begins by describing the origin of the monastic movement as early Christians left the bustling cities of the Mediterranean and set up camp to pray in the desert. Runcorn makes a striking comment: "There is no significant leader in the Bible whose own spiritual formation did not involve significant time in the wilderness" (10).

The early Christian monastics looked at that situation and applied it very literally to their lives. Some moved to the outer boundaries of the town they were from and lived with a few other people—almost like moving to the exburbs today—while others went deep into the wilderness and erected a solitary shelter.

Episcopalians from our origins have observed the same thing Runcorn did and have always taken it seriously albeit we have interpreted it as a metaphor and not a literal command for everyone to, say, move to the arid stretches of Arizona. Furthermore, along with our Jewish friends, we have seen the Hebrew people's journey through the wilderness on the way to the promised land as a symbol for the life trajectory of every person of God regardless of the time period in which they live. Life is journey. Sometimes it meanders, occasionally its course runs straight, but more often

we walk with God and neighbor in fits and starts. We represent this perspective by calling the place where we meet for gathered prayer the nave, or "the boat." We sail together through this life—buffeted by big waves sometimes, encountering smooth water on other occasions—on our way to a transformed way of being with God after we die. I hope you'll consider reading and discussing Runcorn's book with us. The chapters are brief

but packed with wisdom on how we can navigate this life well and deepen our love for God and neighbor. And, as we discuss the book together we have the wonderful opportunity of learning from one another and our unique experiences and perspectives. The path of life always cuts through the wilderness. But we don't have to go at it alone.

Come join us, and let us deepen our spiritual reflection together!

Senior Warden's Corner Easter Season Hope

Dave Sevigny Sr. Warden

Hope. Its funny, I looked back at my last 2 articles and realize what a

different place I am mentally from just a month ago. Fresh off two rounds of

the vaccine, there has been a rush of activity to get moving. No time to binge watch the latest Netflix shows! The weather is changing, and I find myself outdoors more and more, watching new life spring from the ground and the trees. I wake up to birds singing and sunshine. This Easter is truly a gift from God as we will be together, worshipping both in and around

you imagine having your leader die and realize later that with a twist, he has emerged from the tomb. The disciples would have entered that time with such dismay as to what took place, only to have that dismay turned to a literal "Oh my God" moment. No wonder Thomas doubted. They got a second chance to experience Jesus in a different, more profound way for a few months. And what an impact he must have made upon them in those months. So much that they began a movement that became our church. They were certainly hopeful as they created something bigger than any of them. I am so hopeful for the world right now. You can see it all around. Plans to go out to eat,

our church. I imagine how the disciples must have felt for those weeks after Easter. Can

plans to travel, plans to get together with family and friends, and plans to worship God in community. This Easter season will be one I will not forget. Halleluiah, The Lord is risen!

Save the date!

4987

ST RAPHAEL VACATION BIBLE SCHOOL!!

July 26-30, 8:00-3:30pm, breakfast, lunch, and snacks provided

FREE!

1891 Parker's Mill Road

Limited to 25 students ages 4-14. There will be different curriculum for younger and older children. The week will include prayer moments, Bible stories to enact, a song to learn, crafts to do, and yoga. We will also have a firefighter come and show us how their first responses show compassion in our community! We will kick off our program with Lunch on the Lawn. July 17th at noon. Bring your picnic basket, cooler of drinks, and lawn chairs. Colored Chalk, a craft and bubbles will be provided.

Contact Rev. Helen Van Koevering to register now! revhelen@sreclex.org or (859) 255-

A View from the Pew

Saving the Soul of a Shriveled Sweet Potato

A random occurrence again preempts the penning of my planned topic. Just before was set to work on the theme referred to in my last piece (i.e. the effect on traditional Christian theology were Jesus properly understood to have been speaking to THAT generation, to THOSE people before him) I was whipping together something to eat. I have become quite the Betty Crocker—the gluten-free, vegetarian version—since I changed my diet 16 years ago. Gradually at first, now I make everything I eat. Nothing fancy, but what I make is the best can't-find-itanywhere fare around, at least to my taste.



Since the pandemic began, I have added potatoes to my culinary repertoire. Sweet and regular, home fried, hashed, baked, and mashed, organic when available, I've eaten potatoes almost every day for the past year. Potatoes became a "thing" for me out a process of elimination. Having so many food intolerances—no wheat, no meat (but I do eat canned fish), no soy, no nuts or seeds, no eggs, no dairy—there just wasn't much else to eat beyond my traditional steamed vegetables (organic broccoli, cauliflower, peas, carrots, corn made in huge batches, fixed each day either Indian style, Asian style with soy-free sauces, Italian style or plain), split pea soup, bean soup and a Romain lettuce, green AND red cabbage, olive oil, rice and balsamic vinegar salad, and Udi's gluten-free bread.

Back to potatoes. I keep a big ceramic bowl loaded with potatoes. On this day I plucked a sweet potato I bought from Trader Joe's a few weeks earlier, which was hidden underneath newer purchases. It was really looking bad—wrinkled dried out skin, splotchy. I looked at it, shook my head, asked God to forgive me, blessed it, and tossed it in the trash. Then I reached for a regular potato to make home fries (my home fries are more like butchered cubes and slivers of cubes; I just go hari-kari on the potato until it looks uniformly un-uniform). As I suspected, the spud was too small and there was not enough.

Not wanting to slice into another potato, I began to think about the sweet potato I had trashed. Maybe

there was some part of it I could use, for it just looked bad, it wasn't rotten or mushy. So I fished it out, took a peeler to it, scraping hard against the ridged, wrinkly skin, and lo and behold, the orangy-flesh underneath looked okay. I chopped half of it and added it to the regular potatoes. I then poured some olive oil in the pan, added some chopped onion, and after a few minutes added the potatoes with twists of pepper and Himalayan salt. The key to cooking potatoes to an eventual crispness is to leave them on that first go round for a good 8-9 minutes on medium heat, then 5-6 minutes each time you stir it around. 20 minutes later I had a new masterpiece. A masterpiece! It was so delicious I made it again today.

And then I thought, how close this potato came to waste through no fault of its own, something completely beyond its control. How unfair! Relegated by the world (me) to a hopeless fate of futility, its life on earth amounting to nothing but a few shekels for those who traded in it—the famer to the store to me—all came to naught, to no good purpose. Its destiny (bringing nourishment and pleasure to its consumer) wasted. Like the proverbial book judged by its cover, the potato was victimized by its true essence—its soul—being judged by its shriveled skin.

This realization immediately brought to mind comparisons to people. I mused about how society seems so often to give up on people whose outward appearance screams worthlessness. Many of us are too ready to trash fellow humans based on appearances. We make a subjective and completely erroneous view of their true value, their true potential, and their true equal claim to the realization of their destiny due all humans by our Creator. This will, I hope, help me to be on guard to catch myself if (or maybe, when) I might be apt to do this in the future. Every person is a child of a mother, and a child of God. We may have to dig deeper to uncover their true, hidden value. Who knows what genes they were born with, what upbringing, or lack thereof, they have suffered, what traumas they have faced, or still face? We've just gotta give more people more chances to flower to fruition.

POST-THOUGHT: As this was going to press, I also thought of an associated reason I was too easily ready to throw this potato away. And that was my lack of appreciation. I have so much, and I live in a land of plenty, even excess (although this was tested a year ago when grocery shelves were thinning and worry mounting) that it was nothing to toss what turned out to be a perfectly good source of sustenance and pure gastronomic joy. Those who starve, who have nothing, who live in a land where empty shelves and pockets are the norm, this shriveled potato would have been savored, never so carelessly rejected.

Salvation it seems is as easy as 1-2-3: 1) Will if not feel true love for the other; the more distasteful, the more love we must show; 2) Cultivate gratitude and appreciation; and 3) Honor the truth, revere reality. Take a sad song and make it better!

Upcoming dates in the Justice Ministry:

Nehemiah Action: Tuesday, April 27th!! Together as people of faith we will present our city officials with proposals for change! This event is for everyone. There will be a drive-in option and an online option.

Dinner Church: Getting to Know the Gardenside Neighborhood

Saturday, April 24, 5:30-7:00pm One of the key insights from our RenewalWorks spiritual growth inventory last fall was our parish's

Elementary

desire to connect more deeply with our local neighborhood in ministry and mission. To learn more about our Gardenside neighbors, this dinner church will feature short presentations and conversation with:

Jennifer Reynolds, 11th District Councilmember, Lexington-Fayette Urban County Government Madeline Potter, Family Resource and Youth Services Center Coordinator, James Lane Allen

Rebekah Frazier, Greater Gardenside Association

More about BUILD

congregations located in Lexington, Kentucky. BUILD is an interfaith, interracial, grassroots, multi-

color-coded instructions on the back pews.

issue, proactive organization. Since its inception in 2003, BUILD has been constituent-led and employs the practices of direct-action community organizing. BUILD is developing a powerful grassroots organization, made up of congregations situated in low-to moderate-income communities that are capable of creating system-wide change in Lexington. **Christian Education Update** Amy Fowler and Janis Rosebrook have been working extremely hard getting the downstairs space

Building a United Interfaith Lexington through Direct-Action (BUILD) is an organization of 26 religious

ready for the return to "normal" activities with our children. They have totally reorganized the Sunday

School room, remade the Nursery to make it ready for nursing mothers/parents with small children to enjoy during our live services, and updated the children's library in the parish hall. Every week they make bags for children who attend the live service. The children take the bags to their pew, work on the activities, and then take the bags and goodies home. The bags are color-coded by

age group and contain activities that are age-appropriate. For Easter Sunday they have put together bags that should delight our children. Look for the bags and

The Sunday School is in need of a CD player with speakers (think small boom-box). If you have one to donate, contact Janis at 626-389-7474.

Our hope is that families will soon feel comfortable attending church in person. Janis and Amy spend time every week selecting activities for each age group and want the children to grow in their spirituality. We are looking forward to returning soon to normal church attendance.

DONATIONS FOR FLOWERS DURING THIS EASTER SEASON: From Lee Davis – in loving memory of Lloyd, Richard and Warren Davis, and Joan & Bill Clary

From Rose Canon – in memory of Rev John Dews & Ed Blackwell From Janet Morris – in memorial of George & Elizabeth Schofield, Frank & Florence Morris, Marcia

From Chris Young – in memory of Donald & Joanna Sallee and Amos & Frances Young, and in honor of Tony & Betty Jo Young

From John & Cheryl Halton – in honor of Charles, Lori & Grey, and in memory of Andrew Halton From Blair & David Shaw – in memory of Jim Wilhite & Teresa Hopkins Wilhite, and in thanksgiving for Joanne Wilhite

From Joanne Wilhite – in memory of Dr Jim Wilhite & Teresa Hopkins Wilhite From Barbara Connell – in loving memory of parents, Carroll & Jean Henderson

From Dave & Paula Sevigny – in thanksgiving for family and friends From Don & Gail Miller - in memory of Dolly, Jean & Donny Harman, as well as Stephen, Owen,

Alma, Pam and Austin Miller

Grenet

From Roger Kirk – with thanksgiving for Easter

From Tracy Hart - in memory of her mother, Anne G. Tucker From Richard Dawahare – in memory of parents Woodrow and Genevieve Dawahare, brothers

Willie and Anthony, also aunt and uncle Nellie and Abe Kawaja, and cousin Betty Kawaja. Patty Bond & Jack Supplee - in memory of Mildred & Thomas Bond, and Catherine & Jack Supplee, and in honor of Lincoln, Crystal & Maurey Bond, and Lisa, Mike & Jason.

Donations are still being accepted throughout the Easter Season. Let Rev. Helen know if you

would like to contribute and any memorials to be added to the Sunday Bulletins.

A Church Mouse in God's House



that or believe it was just one guy.

So, just out of curiosity, how old do you think I am? I mean, seriously, I've been writing this column for well over 10 years and the average lifespan of a mouse is, well let's just say a lot less than 10 years. So there are a few possibilities: first, there could be several of us acting as a mouse conspiracy. We never reveal our identities and we drop little "tidbits" to control your thoughts and to signal to each other important information concerning things like the end of the world, good sources of cheese and people to watch out for. Second, there could still be several of us but we could operate sequentially. Like maybe I'm

mouse number four who only began after mouse number three who is preceded by number two and it all started with mouse one. Third, I could just be really, really old.

I think there are good arguments that you all would believe any of these. I mean, let's face it you humans love a good conspiracy theory. If I were to let you think that you were "in the know" you would probably feel special about yourself and start looking for hidden messages and everything that "we" write. And as for second argument, well look no further than your own tradition. How old was Noah? Methuselah? If you guys have a good story I think you're fine suspending logic if it helps fit your needs. As for the third argument there's pretty good precedent within your own tradition. I mean let's think about the first five books of the Bible which you frequently attribute to one person named "Moses". But really, how long do you think "Moses" lived? Apparently long enough to write

about his own death. And Isaiah? Come on... One person? Don't even try to tell me that you read

But let me focus on the "implausibly old" idea for a minute. I have often heard it said that "with age comes wisdom." I think there is some truth to that, but I don't think it's just because a person is old. I think it's because that person probably did a lot of things in their lives then earned them that wisdom. For us mice the phrase is more like "with age comes luck," or "you don't get old unless you can avoid cats." But you humans have a lot of opportunities to engage in activities that will bring you wisdom in your latter years.

I was sad to hear about the passing of one of your friends this past month. Al Smith was not just a wise man, he was a good man. In fact, I think with wisdom comes goodness. I remember once Al got a good look at me, and to be honest he probably could've stomped on me or turned me in to the Junior Warden. But instead, he just calmly smiled a knowing smile and went about the rest of his morning. I don't know everything he did in his life, but I gather that it was quite a bit. I tend to think that when opportunities presented themselves to him he took them, and often he probably made opportunities for himself as well as others.

I have no delusions that the writings of a mouse will ever come close to making the impact that Al's words did. But I do hope that when trying to determine my unusual longevity you will believe that it is either part of a great tradition or filled with the wisdom of an elder.



Announcements & Upcoming Events

Please continue to support St. Raphael Episcopal Church.

Introducing a new online giving portal in 2021 - Engage

St. Raphael Church has a new online giving portal called Engage. This portal will replace our Virtual Collection Plate with Square. Engage Online Giving allows you to create one-time and recurring gifts from any computer or mobile device. Users can view and give to a full list of all giving funds. You can set up multiple credit cards, debit cards, or ACH checking accounts. Users can also update their own data (addresses, family members and even upload a picture). Users can view their giving history (includes giving in previous years not given through Engage).

https://engage.suran.com/sreclex You can also access this page via the menu on our website at sreclex.org.

To access Engage and setup your user account, please go to

Diocesan Offering of A Spring Alpha Course

The diocese is facilitating a spring Alpha course via Zoom, Thursday nights from 8:30-10pm EST, April 8 through June 17.

Ever wonder about your purpose? You aren't alone. Join others in your diocese for this 11week journey through the heart of Christian faith. Online Alpha is a place to explore the

Christian faith with others and to discuss life's biggest questions in a safe environment. Even via Zoom, Alpha is relational. Over the course of these 11 weeks, we share with one another, learn about the basics of the Christian faith, and discuss our thoughts and questions in small groups. Alpha is run all over the world. This is an opportunity for you to participate with others from DioLex. At times in the past, Alpha had been poorly used in certain contexts, however, this newer incarnation introduces the Good News of Jesus to develop disciples. Whether you are new to

Christianity, stuck in your faith, or wanting to develop a language for sharing your faith with others, this Alpha course is for you. Join with folks from DioLex and beyond in this journey of

faith. Have questions? Contact The Rev. Sherilyn Pearce (mailto:sherilyn.pearce@gmail.com) or The Rev. TJ Azar (ti.azar@hotmail.com). This class will meet on Zoom Thursday evenings, April 8 - June 17, 2021 from 8:30 - 10:00 pm EST. SIGN UP HERE: https://bit.ly/3feBrxJ"

Yarn needs a good home

Vacation Bible School.

Christian Ed Request The Sunday School and VBS are in need of a Music CD player. If you have an extra one please contact Janis at 626-389-7474 or Janis.Rosebrook@mac.com.

Link to the Facebook event here: https://www.facebook.com/events/780774236204979/

denomination, please contact Rev. Helen.

Upcoming Receptions and Confirmations

There are about 5 bags of yarn and a bag of material that were left in the corner of the Wedding Room downstairs. Amy Fowler and Janis Rosebrook are cleaning the room out. If the yarn and/or fabric belongs to you, please take it home by Palm Sunday (March 28). If no one claims the bags, then the contents will be donated. Please contact Janis Rosebrook at 626-389-7474 or email at Janis.rosebrook@mac.com if you know who this "stuff" belongs to

If you are interested in being Confirmed, or Received into the Episcopal church from another

Costume Jewelry Needs a Good Home About 12 boxes of costume jewelry were left some time ago in one of the downstairs

classrooms. The jewelry is new, all in plastic sleeves. Jewelry includes earrings, bracelets and necklaces. We need to find the donor so that we can proceed in either returning the

-- or -- you would like to claim some or all of it for yourself. We have a surplus of yarn for

items, or donating them. Please contact Janis Rosebrook at 626-389-7474 or email at Janis.rosebrook@mac.com if you know who donated the jewelry. If we don't hear from anyone we will take care of re-homing the jewelry.

The people of Estill, Lee, and Perry counties have been blessed by the financial outpouring of our

You give them something to eat

faith communities throughout the Diocese of Lexington. Already several thousand dollars of cleaning supplies have been purchased and distributed, \$1,500 donated by St. Raphael's. We have also received significant donations from the Church of the Good Shepherd, the Diocesan ECW, and even the Newport Professional Firefighters, not to mention many of our other faith communities and individuals. By the end the month, \$10,000 worth of \$100 gift cards will have been purchased and distributed within these three counties, \$5,000 of which will be provided by the U.S. Disaster program of Episcopal Relief and Development. Soon to follow will be more cleaning supplies and building materials for repairing damaged homes. We are working through local officials to ensure that what you have donated will go to those truly in need. St. Timothy's has been able to provide

pillows and bedding normally used for mission trips and the quilters guild of the Church of the Good Shepherd has donated several beautiful quilts for the people of Lee County. What is absolutely NOT needed is clothing. While individual items are welcome, please realize that when purchased in bulk,

Recovery from disasters is a lengthy process which can in some cases take years. If you have been watching the news, you have probably seen the many churches and organizations who have come into these communities to help. Unlike some coming into the areas who have trailers proudly showing their names, many others come in quietly for a day or two, cleaning up and repairing what they can, and return to their homes unsung. While carpentry skills are helpful, any type of assistance can be used. When the tornados outbreak struck southeastern Kentucky back in 2012, a group of high school students, who had scheduled a visit months before at St. Timothy's, arrived two days after the storms. A few of those teens might have helped a relative do a little renovation or repairs around their homes, but only a few. Monday found them in Salyersville demolishing what was left of a food and clothing pantry of the Catholic church and Thursday they were in West Liberty installing drywall in a warehouse being turned into the elementary school. The rest of the week they were replacing a roof. All were greatly needed and despite their inexperience they made a huge difference. While it may not have been giving food to the hungry, it was building walls for those children needing an education, it may not have been filling the stomachs of those who were empty, it was closing the hole in the roof.

If you think you might be able to help our neighbors, regardless of ability or the day of the week you can help, please contact Bryant Kibler, bkibler@diolex.org, and we will find a way we can put you to work inside our own diocese where we can be the church, be the change.

April Birthdays and Anniversaries

Anniversaries Birthdays LaDonna Tyler-Gilmore & Mike Gilmore Apr 2 Isaac Whorley Apr 2 Richard Dawahare Apr 8 Michelle & Ron Binkauskas Apr 13 Janet Morris Apr 10 Larry Whorley Apr 11 Marie Jacobs Apr 13 Please let us know if we missed a birthday or anniversary! We Heidi Hayes Apr 19 try to keep the records up to date, but if you've recently joined LaDonna Tyler-Gilmore Apr 20 the parish, we want to celebrate your special days with you! So, Andree Reed Apr 22 let us know! Contact Dana Berry, (danabruceberry@gmail.com) Helen Massaquoi Apr 24 or the parish office. Apr 24 Janis Rosebrook Doris McNally Apr 25 **Bob Morris** Apr 25

Prayer Requests:

Prayers Requested

Long term prayer list: Art, Jack, Laura, Hilda, Lee, Mary Jane, Paul, Roy, Joan, Martha-Helen & Al, Pat Dinsmore, Steve & Ginger, Rose, Sonya, Don & Gail, Bill, Paula.

Currently in need of prayer: Kenneth, Seth, Noah, Maggie, the Fowler family, Carl, Gail, Annette, Erika, Diane, Louise, Anna Margaret, Marge, Jim, Gordon, Eloise, Michael, and Elaine.

Recent Deaths: Al Smith.

Please keep in your prayers all who have fallen ill from Covid-19. Please stay safe during this holiday season and find ways to stay connected and express love for one another while following recommended health guidelines.

Jonathan Crosmer & Friends

Present an OUTDOOR CONCERT

Featuring local musicians

FREE OF CHARGE

Playing Mozart's String Trio and other works

Relax at small tables and enjoy an afternoon of LIVE MUSIC

Snacks provided (or bring your own)

Plenty of space available for your comfort and safety

Good for the soul!

3:00 pm Sunday, May 2, 2021

(Raindate 5/9)

2

Sunday Services

Services - Current Schedule

In Person worship 8:30 (Outdoor weather permitting)

& 11:00 indoors with music

Please register to attend at https://sreclex.org/worship/in-person-services/

as capacity is limited.

Virtual Worship on Facebook & You Tube
11:00 a.m. Rite II

Livestreams are available on demand afterwards and are posted on our website when

available at https://sreclex.org/virtual
Each week the Wednesday Noon Healing Service will be published to the Facebook Page.

Compline services

Deacon Charles and Rev. Helen will lead on alternate Sundays, Sister Becky Cooper and Rose Canon alternate Tuesdays, Erika Mayers and Diane Whorley will alternate on Fridays. Find the livestreams on our Facebook Page.



be submitted by **April. 22, 2021** to Dana Berry at <u>danabruceberry@gmail.com</u>

Articles and news information for Feb. must

The Herald is a monthly publication of St Raphael the Archangel Episcopal Church.

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